

Dew Point in °F (°C)	Performance Adjustment	Easy Running	Hard Running
Below 55 °F (12°C)	0%	Unaffected	Unaffected
55°F (13°C) to 60 °F (15°C)	1%	Unaffected	Slightly difficult
60°F (16°C) to 65 °F (18°C)	2-3%	Slightly difficult	Difficult
65°F (18°C) to 70°F (21°C)	3-5%	Difficult	Very difficult
70°F (21°C) to 75°F (23°C)	5-8%	Difficult	Very difficult
75°F (23°C) to 80°F (25°C)	12-15%	Very difficult	Not recommended
Above 80°F (25°C)	Just run	Not recommended	Not recommended